



MITAGS Restriction of Movement (ROM)/Quarantine Policy for DGAR Charter Flights

Overview

The goal of Operation DGAR is to ensure safe, timely transportation of personnel to/from Diego Garcia. The following document outlines how to ensure your health and safety, the precautions being taken by the organizers, a timeline of events, POC information, and procedures in place in the event that one may become ill. This is about everyone's well-being. Failure to comply with these guidelines may risk the health of your shipmates and fellow travelers and result in adverse administrative or financial consequence for you or your sponsor company, including being expelled from the ROM event.

ROM Rules

1. Face coverings – Face coverings will be worn AT ALL TIMES outside of the traveler's room, including everywhere inside or on the grounds of the MITAGS facility. Face coverings should have two or more layers of washable, breathable fabric. They should fit snugly and comfortably on the face for prolonged wear. They should cover the chin and extend over the bridge of the nose. Neck gaiters and bandanas are not permissible as they do not provide effective protection compared to other cloth face coverings.
2. ROM boundary – ROM participants are required to stay within the MITAGS facility. Departure from MITAGS facility property is prohibited and will result in expulsion from the ROM event.
3. Social distancing - All ROM participants are required to practice social distancing measures and maintain a minimum of 6 feet of distance from others at all times. If short periods of interaction amongst ROM participants are required, it must be limited to a maximum of 3 people and 5 minutes, even if outside. All ROM participants must maintain 6 feet of distance at all times.
4. Visitation - Visits from family, friends or others is strictly prohibited. Should such action occur, the safety and well-being of the entire operation could be jeopardized. Therefore, any violation of this policy will result in expulsion of the involved participant from the ROM event.



5. Room visits – MITAGS staff and ROM participants are prohibited from entering the rooms of other participants. Everyone is to remain in their assigned rooms every day and throughout the night.
6. Social distance monitoring – Professional security staff will be present to ensure social distancing and PPE requirements are complied with and to ensure no unauthorized personnel visit while in ROM. CCTV is always on and recording in the public spaces and on the outside grounds. CCTV will be reviewed daily to ensure everyone is adhering to the ROM policies.
7. Elevators - Take the stairways rather than the elevator when possible. Maximum of two people in an elevator.
8. Smoking/Vaping – No smoking or vaping (NDD) is allowed in individual rooms or inside the MITAGS buildings. Always use the designated outdoor smoking location. While there, maintain 6 feet from any one person and minimize contact with surfaces.
9. Curfew Hours – MITAGS participants are required to remain in their rooms between the hours of midnight and 0600 every day.
10. Exercising - Use of the MITAGS facility gym or pool is prohibited. However, the MITAGS facility grounds provide for plenty of space to run, walk, exercise, etc. provided proper PPE/social distancing protocol is followed.
11. Alcohol - Use of the MITAGS bar is prohibited during the ROM period.

Covid-19 Testing

1. Testing – All travelers are required to complete two rounds of RT-PCR COVID-19 testing during the ROM event.
2. Test dates - Covid-19 PCR testing will be conducted on Day 1 and Day 14 of the ROM event. Details of the testing times on ROM Day 1 and Day 14 will be provided upon arrival.
3. Test results – Any ROM participant testing positive for COVID-19 will be prohibited from embarking the DGAR charter flight. The integrity of the testing process helps



ensure all travelers to DGAR remain “clean” during the ROM event and en route to DGAR.

Food, Beverage and Deliveries

1. Meals - All meals will be provided by MITAGS.
2. Fridge – Each room is equipped with a medium sized refrigerator for keeping leftovers from provided meals.
3. Microwave – There are microwaves available on each guest room floor as well as one inside the store next to the front desk.
4. Outside shopping - At your expense, you are permitted to go shopping after flight arrival and prior to 0001 on the first day of ROM. If you need groceries or emergency items as the ROM progresses, please inform your senior officer or sponsor.
5. Inside shopping - MITAGS has a provisions shop with snacks, beverages, and incidentals which is open 24 hours a day.
6. Food deliveries – After commencement of the ROM, food deliveries from outside the MITAGS facility are prohibited. Examples of prohibited outside food delivery services include, but are not limited to the following: DoorDash, GrubHub, UberEats, InstaCart, etc. Kindly advise the ROM Manager upon arrival about any specific food intolerances.
7. Alcohol - Alcohol deliveries are prohibited.

Laundry/Housekeeping Service

1. Housekeeping - Housekeeping service will be provided; however, no one will enter your room. Fresh linens, towels and amenities will be delivered outside your door after approx. 6-8 days. Used linens should be left outside your door in a plastic bag provided by the staff. If someone needs additional linens, fresh towels, etc. prior to MITAGS scheduled service, please call the front desk and we will deliver via contactless delivery (i.e., left outside door.)
2. Laundry - Self-service laundry room is provided on the 5th floor of the North Tower. The machines are free and complimentary laundry soap is provided. Laundry times



for ROM participants are daily during 0800-1600. Do not congregate in the laundry room.

Recommendations

1. Preparation - Be prepared for ROM. It is recommended that you bring everything you will need with you. The only allowed time to purchase any last-minute items (such as snacks, sundries, sodas, personal items, etc.) will be prior to the start of ROM. Purchase and pack sanitizing wipes, disinfectant, latex gloves, face coverings and hand sanitizer for your trip.
2. Hand washing - Wash your hands often with soap and warm water for a minimum of 20 seconds. If soap and water aren't available, use an alcohol-based hand sanitizer. Wash your hands after receiving anything from another person.
3. Clean and disinfect - Clean and disinfect surfaces frequently such as airline trays, armrests, seats; along with countertops, doorknobs, toilets, phones, and keyboards with antibacterial cleaners if available. Disinfect hands after touching any high touch surfaces in the MITAGS facility such as stair rails, elevator buttons, doorknobs etc.
4. Hygiene - Keep hands away from your face, eyes, and mouth. Cover your mouth and nose with the inside of your elbow when you cough or sneeze.
5. Report symptoms – If, at any time, you develop flu-like symptoms such as a fever (temperature equal to or greater than 99 F), cough and/or sore throat without a known cause, or loss of taste or smell, contact your senior company representative and the MITAGS ROM manager immediately. Remain inside your room until authorized to move about the MITAGS facility.

Schedule

1. ROM length - All members of this operation will arrive at MITAGS facility on the day prior to ROM commencement, and will remain in ROM/quarantine for a fourteen (14) day period.
2. COVID testing - COVID testing will occur on ROM days 1 and 14.



3. Daily meetings - All ROM participants will muster daily, and as directed, in the assigned location at designated times to ensure all are well and to receive daily briefings. Temperatures will also be taken. Face coverings shall be worn to this meeting and everyone maintain proper social distance (6 ft) from others.
4. Periodic meetings – Periodic Captain’s/Senior Personnel meetings may be scheduled to pass information.
5. Departure day – MITAGS will provide “clean” transportation for all ROM participants from the MITAGS facility to BWI airport. Travelers will clear Customs and TSA security at a private airport terminal location and will then be bussed out onto the tarmac and directly to the charter aircraft. PPE and social distancing are required.
6. Charter flight – The flight time from BWI to Diego Garcia is approximately 22 hours, which includes a two-hour fuel stop in Sophia, Bulgaria. During the fuel stop, travelers are permitted to exit the aircraft to stretch and get some fresh air but may not enter the airport terminal. PPE and social distancing are required throughout the flight and during the fuel stop.
7. Arrival in Diego Garcia – Upon arrival in Diego Garcia, travelers will clear customs and be immediately transported by launch out to their respective vessels. Subsequent launches will bring out travelers’ luggage. PPE and social distancing are required after arrival and until the traveler reaches the vessel.
8. Gangway up order – Travelers should expect MSC will order “gangway up” for each vessel for a 14-day period once arriving crew or vendors board. While onboard, all participants are required to conform to the Master’s COVID-19 policies and restrictions.